

Week 3W/C 16 th Nov, 7 th Dec, 11 th Jan, 1 st Feb, 1 st March	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese pizza and herby potatoes	Lasagne and garlic bread	Roast chicken, Yorkshire pudding, roast potatoes and gravy	Beef burger in a bun and wedges	Fish fingers and chips
Vegetarian Main	Veg pizza and herby potatoes	Vegetable chilli and rice	Quorn fillet, Yorkshire pudding, roast potatoes and gravy	Veggie burger in a bun and wedges	Quorn dippers and chips
Jacket Potato or Sandwich option	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches
Sides	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Baked beans Salad bar Homemade Bread
Dessert	Vanilla muffin	Upside down cheesecake	Fruit whip	Ice cream	Flapjack
Fresh fruit or yoghurt available everyday	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION