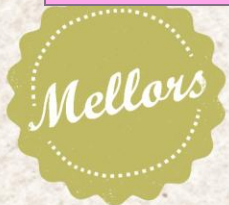




<b>Week 3w/C</b> April 27 <sup>th</sup> , May 18 <sup>th</sup> , June 15 <sup>th</sup> , July 6 <sup>th</sup> , Sept 21 <sup>st</sup> , Oct 12 <sup>th</sup>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main</b>	Cheese and tomato pasta with garlic bread	Chicken curry, rice and naan bread	Sausage, Yorkshire pudding, roast potatoes and gravy	Ham pizza and wedges	Fish fingers and chips
<b>Vegetarian Main</b>	Vegetable chow mein and garlic bread	Cheese quiche and seasoned diced potatoes	Quorn sausage, Yorkshire pudding, roast potatoes and gravy	Cheese pizza and wedges	Quorn dippers and chips
<b>Jacket Potato or Sandwich option</b>	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches
<b>Sides</b>	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Baked beans Salad bar Homemade Bread
<b>Dessert</b>	Fruit whip	Jam sponge and custard	Cheese and biscuits	Ice cream and fruit	Chocolate crunch
<b>Fresh fruit or yoghurt available everyday</b>	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION