

Week 1 W/C Nov 6 th +27 th , Dec 18 th , Jan 8 th +29 th , Feb 19 th , March 11 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Macaroni cheese and garlic slice	Meatballs in tomato sauce with 50/50 rice	Roast chicken with Yorkshire pudding, roast potatoes and gravy	Beef burger in a bun with wedges	Fish fingers and chips
Option 2	Chick pea and vegetable curry with 50/50 rice	Vegetarian bolognese	Quorn sausage with Yorkshire pudding, roast potatoes and gravy	Quorn burger in a bun with wedges	Quorn nuggets and chips
Option 3	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings
Accompaniments 5 A DAY	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread
Desserts 5 A DAY	Flapjack	Banana and custard	Lemon biscuit	Chocolate crunch	Ice cream and fruit



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

Week 2 W/C Nov 13 th , Dec 4 th +25 th , Jan 15 th , Feb 5 th +26 th , March 18 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Pizza and potato wedges	Sausage pasta bake	Roast Turkey with roast potatoes and gravy	Bbq chicken with 50/50 rice	Battered fish and chips
Option 2	Roasted vegetable pizza and potato wedges	Quorn lasagne	Quorn fillet with roast potatoes and gravy	Quorn chow mein	Quorn nuggets and chips
Option 3	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings
Accompaniments 5 A DAY	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread
Desserts 5 A DAY	shortbread	Rice pudding and jam	Cheese and crackers	Spiced apple cake	Jelly and fruit



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

Week 3 W/C Nov 20 th , Dec 11 th , Jan 1 st +22 nd , Feb 12 th , March 4 th +25 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Cheese and tomato pasta bake with garlic slice	Minced beef pie with new potatoes	Roast chicken with roast potatoes and gravy	Hotdog with potato wedges	Fish fingers with chips
Option 2	Vegetarian chilli with 50/50 rice	Quorn mince pie with new potatoes	Quorn fillet with roast potatoes and gravy	Quorn hot dog with potato wedges	Quorn nuggets with chips
Option 3	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings	Jacket potato with toppings
Accompaniments 5 A DAY	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread	Seasonal vegetables Salad bar Homemade bread
Desserts 5 A DAY	Ginger biscuit	Flapjack	Banana cake	Apple crumble and custard	Chocolate cake



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE