

## NABURN AUTUMN 2020

		Monday	Tuesday	Wednesday	Thursday	Friday
		Monady	· dosday	Waliobady	. Hai saay	Tiday
Week 1 16 <sup>th</sup> Nov 30 <sup>th</sup> Nov 14 <sup>th</sup> Dec	Option 1	Pasta Bolognaise & Garlic Bread	Chicken Curry with Rice	Roast Chicken with Roast Potatoes	Homemade Sausage Roll with Wedges	Fish Fingers with Chips & Peas
	Option 2	Macaroni Cheese & Garlic Bread	Sweet Potato & Lentil Curry	Quorn Fillet, Roast Potatoes & Gravy	Veggie Sausage Roll with Wedges	Cheese Frittata with Chips
	Option 3	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings
	Dessert	Oaty Biscuit	Flavoured Yoghurt & Fruit	Flapjack	Lemon Drizzle Cake	Chocolate Shortbread
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Week 2 23 <sup>rd</sup> Nov 7 <sup>th</sup> Dec	Option 1	Ham & Cheese Pizza with Wedges	Chicken & sweetcorn Pie with herby Potatoes	Roast Chicken with Roast Potatoes & Gravy	Sausage, Mashed Potato and Gravy	Fish Finger with Chips & Peas
	Option 2	Cheese & Tomato Pizza with Wedges	Vegetable Hotpot	Quorn Fillet, roast Potatoes & Gravy	Veggie Roll Sausage with Wedges	Soya Pasta Bolognaise Bake & Garlic Bread
	Option 3	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings
	Dessert	Apple Flapjack	Oaty Biscuit	Cheese & Crackers	Chocolate Brownie	Flavoured Yoghurt & Fruit

Added Plant

Power

Vegan

Wholemeal

**Available** Daily:

- -Fresh **Baguettes** with a choice of Filling
- -Seasonal **Vegetables** with each meal
- -Fruit Offer

## **ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of contamination.