

Small School Big Ideas

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A Nut Free School

Dear Parents,

What a week we had last week with flooding on top of everything else we are dealing with! Many thanks to those parents and governors who responded so quickly when we decided to close school and offered their help too.

This week we are adapting our Remote Learning offer further with small group interventions and some other offers of help as we are aware that loneliness is something which many of you are struggling to overcome at this time. Your teachers will let you know details of these sessions as we continue to work together to adapt what we are offering.

I would like to take this opportunity to remind you all that you are doing a great job. Our children are happy and enthusiastic and are regularly attending their morning zooms. They are learning and progressing, which is no mean feat when you think of what they are also coping with mentally at the moment. I know, as a mum myself, that none of what we are coping with at present is easy, but I want to remind you all that everything you do at home is a help as we try to get through this pandemic together.

Celebrations

Due to the rescheduling of our Celebration Worship, we will publish the stars of today's Zoom next week. We don't want to spoil the surprise!!



Picture News

Story: Joe Biden has taken over from Donald Trump as 46th President of United States of America

Question: What makes a good leader?

Virtual Assembly: Found on the Picture News website, just add /discuss

Please see the school website for more details.



Compassion Trust Perseverance

Sustrans Outside In

Sustrans have relaunched [Sustrans Outside In](https://www.sustrans.org.uk/Outsideln), a free resource to help parents who are looking after their children at home.

It provides fun ideas and inspiration for parents to bring education, health and wellbeing activities into their home.

You can access resources by registering for their free parent newsletter. Over four weeks, you'll receive weekly videos, themed activities, games and challenges designed by their experienced school officers.

Click on the following link to sign up: www.sustrans.org.uk/Outsideln

Book swap

Given the ongoing uncertainty about when schools will be "reopening", we will be emailing you soon about when to collect the next White Rose Maths booklets from school. At the same time you could collect reading books for your child if you wish. Further details to follow.

Part of the Puzzle

Last week I mentioned this Picture News project. Please take time to fill in a puzzle piece and share it with us.

Wellbeing

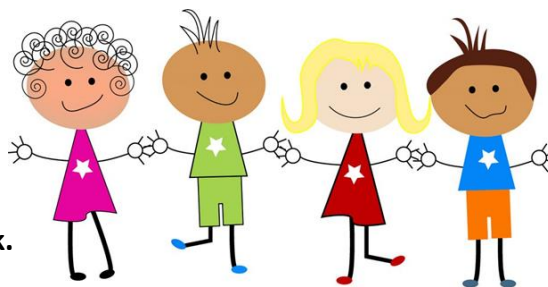
Here is a message from the School Wellbeing Service:

Looking after our wellbeing is about looking after our minds and how we feel, as well as looking after our bodies. When we are in lockdown this can feel a little bit different and sometimes feels harder to do. We know you are busy with your school work but as a School Wellbeing Service we felt it would be helpful for us to give you some ideas of how to improve your wellbeing.

Over the next 6 weeks we will be releasing some slides and activities for you to do at home and/or in school, each focusing on a different area of wellbeing:

- 1. Be good to yourself (this week)**
- 2. Be Healthy**
- 3. Be Positive**
- 4. Be Resilient**
- 5. Be Relaxed**
- 6. Be Kind**

See attached the powerpoint of ideas for this week.



Each class will also have a wellbeing pass again this week so do look out for that.

Keep safe everyone and please continue to follow all Government guidance.

Many thanks,
Mrs Christison
Headteacher