

Small School Big Ideas

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Headteacher: Mrs B Christison

1<sup>st</sup> February 2021

**A Nut Free School**

Dear Parents,

This week is Children's Mental Health Week and I don't think it could have come at a better time. As I see the snowdrops coming up and see the blue sky today it is a little easier to be positive about our current experiences, but I know many of you are finding things hard at the moment and we can't underestimate the effect that all this uncertainty is all having on our children.

I know the teachers will be sending out some ideas for ways to make this week a little different, with less screen time and more time to 'Express Yourself' which is the theme of the week. The Place2Be website has some excellent resources also to use at home. See

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>

There is also a message from the Duchess of Cambridge, which focuses on parents taking time out this week too:

<https://www.childrensmentalhealthweek.org.uk/news/the-duchess-of-cambridge-sends-message-to-mark-children-s-mental-health-week/>

There is a virtual assembly every day featuring well known faces:

<https://www.childrensmentalhealthweek.org.uk/news/watch-our-children-s-mental-health-week-assembly-with-bafta-kids-and-oak-national-academy/>

### **Celebrations**

Last week, our superstars were:

- Elsie (in Rowan) for her enthusiasm and resilience and Charles (in Rowan) for his creativity with his explorer kit
- Freddie (in Willow) for being creative with his work and always taking tasks further
- Bethany (in Oak) for posting her work very creatively every day



Last week the Headteacher's award went to Zachary and Charles for their wonderful Stillingfleet poem.

### **Picture News**

**Story:** A team of Nepalese climbers have been the first to summit the world's second highest mountain, K2 in winter.

**Question:** Why do people choose to climb mountains?

**Virtual Assembly:** Found on the Picture News website, just add /discuss

**Join us for our first ever live virtual assembly!**

Suitable for children at home or at school.

Friday 12<sup>th</sup> February, 1.30-2pm

To register, either reply to this email or book a space on the events page on our website!



Please see the school website for more details.

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## **Part of the Puzzle**

This is the final week for the Picture News Puzzle project. Please take time to fill in a puzzle piece and words, drawings or colours that represent you. This will symbolise that we all have a part to play during this difficult time and we are all part of the big picture. When you have completed your piece take a photo of it and email to help@picture-news.co.uk and to us at school, then display it in your window and see who else has shared their part of the puzzle in their window! To be part of the gallery (available to view on Picture News Facebook and Twitter) please email photos by Friday 5th February. We will be putting some puzzle pieces up in the school windows this week, so do watch out for them when you are out for your daily exercise.

## **Wellbeing**

See the attached powerpoint of ideas for this week from the CYC Health and Wellbeing Service. This week is:

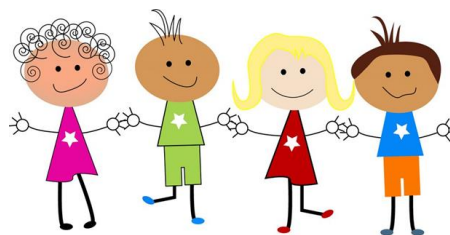
### **2. Be Healthy**

### **3. Be Positive**

### **4. Be Resilient**

### **5. Be Relaxed**

### **6. Be Kind**



## **Friends of Naburn – “Empties Please”**

The Friends of Naburn School (PTA) have come across a great new and easy way to raise funds for our school through recycling used ink cartridges.

We are working with a company called ‘Empties Please’. They collect and recycle ‘used ink and toner cartridges the environmentally friendly way and will donate the money raised back to us!

It’s very simple. All we have to do is collect used ink cartridges and put them in our recycle bin.

‘Empties Please’ will collect the bin when it’s full and then donate money raised straight back to our school with a certificate to display in our reception area.

To view what empty ink cartridges can be recycled visit their website or check the ‘pricelist’, attached. If you have any original branded toners which you have to recycle, please look at the ‘Toners accepted for Recycling’ attachment. Please note they only accept those on this list. Please spread the word amongst family, friends and local businesses, all money raised will go directly to school.

## **Message from Wendy Davis, Community Champion at Morrisons Foss Islands**

It’s my job to support good causes in our local community, including helping to stock local foodbanks, supporting key workers and the elderly and vulnerable. Due to Covid restrictions, we have been unable to run our normal school tours in store, however, we are delighted to let you know we have created a **virtual Foodmaker & Shopkeeper Tour**.

The virtual tour takes you around Market Street in one of our Morrisons stores including the Deli, Bakery, Fishmongers and Butchers counters. Along the way there are lots of fun and interesting facts to help children learn more about how food is made and where food comes from.

The **link** to the virtual tour can be found here: <https://youtu.be/zqfOr7KpFc8>

Each class will also have a wellbeing pass again this week so do look out for that.

Keep safe everyone and please continue to follow all Government guidance.

Many thanks,  
Mrs Christison, Headteacher

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